

## COACHING

### Have you ever been to an Enterprise coaching day?

If you have, you know what a good day it is, so why not have another go this year? If you haven't, well I promise you will learn at least one thing that will get you around the racecourse quicker, whether you sail in club or open meetings. If there is one drawback to the class coaching day it is that there are so many good tips to pick up, you can't possibly remember them all. So go on, make 2011 the year you try out a coaching day.

### Who is it for?

Well, in short, EVERYONE

### New to racing

Done a bit of club racing and want to step up a gear

### Want an introduction to the Enterprise fleet

I have been to a few Opens and want to get closer to the front of the fleet

I have got a new crew and want to teach her a few crewing points.

### How much does it cost?

Not a single penny, if you are a member of the Enterprise Association. If you're not a member then a mere £25 will get you the best Enterprise coaching available, and we'll even throw in a year's membership.

If you're still not sure just ask yourself three little questions.

Will I work hard? Probably!

Will I have a good day? Certainly!!

Will I go faster? Definitely!!!

Check out available dates in your area and Email us on : xxx

### A message for all Fleet Captains ...

If you are thinking of hosting a coaching event at your club, please get in touch with one of the National Committee Training Team. We can help support your event by helping with the costs.

